

# Around the Ridges

and a bit beyond

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Around the Ridges and a Bit Beyond is a community and school newsletter.

The newsletter is produced monthly, and is funded through sponsorship and advertising.

If you wish to contribute to the newsletter, please send all material in by the 15th of every month.

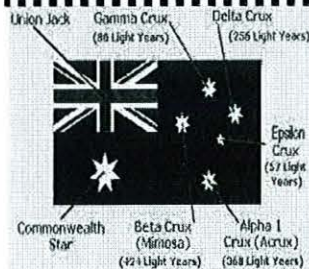
Advertising for special events must be submitted two months in advance.

PLEASE TELL US YOUR STORIES!

We want to hear them!!!! Please send your story, as you are a valued part of our community and this newsletter.

Welcome to our first edition of Around the Ridges for 2014. I trust everyone had a wonderful Christmas and New Year and are now settling back into another year. What will 2014 bring for you? I was starting to think it was not going to rain but some of us have been lucky enough to receive between 100 – 150 mls. and it certainly has not taken long to come back green again.

In our November edition we spoke of the future of the newsletter. We as a committee would certainly like to continue printing Around the Ridges but unless we can encourage more community members to come up with interesting articles and stories it is in jeopardy of becoming rather boring. We will be holding a meeting on Wednesday 5<sup>th</sup> February at the Alton Downs Hall at 7.00 p.m. and look forward to seeing some new faces with fresh ideas. We currently distribute 700 newsletters each month - there must be someone out there with an interesting story to tell?



## Australia Day

What does Australia Day mean to you. Are you proud to be Australian – I am. We are very lucky to our ancestors for coming here – be it as convicts or immigrants – it does not really matter.

The meaning and significance of Australia Day have evolved over time. Unofficially, or historically, the date has also been variously named "Anniversary Day", "Invasion Day", "Foundation Day", and "ANA Day".<sup>[3]</sup> 26 January 1788 marked the proclamation of British sovereignty over the eastern seaboard of Australia (then known as New Holland).<sup>[4]</sup> Although it was not known as Australia Day until over a century later, records of celebrations on 26 January date back to 1808, with the first official celebration of the formation of New South Wales held in 1818.<sup>[5]</sup> On New Year's Day 1901, the British colonies of Australia formed a Federation, marking the birth of modern Australia. A national day of unity and celebration was looked for. It was not until 1935 that all Australian states and territories had adopted use of the term "Australia Day" to mark the date, and not until 1994 that the date was consistently marked by a public holiday on that day by all states and territories

**Disclaimer:** Around the Ridges and A Bit Beyond reserves the right to edit all articles as necessary. Submission does not always guarantee publication. The Committee does not accept responsibility for errors, omissions and inaccuracies. Opinions in the newsletter do not necessarily reflect those of this committee, school or community.





### MARINATED CHICKEN WINGS

#### Ingredients:

1.5kg chicken wings, tips discarded  
¼ cup plain flour  
1 tablespoon garlic salt  
1 tablespoon onion powder  
2 teaspoons white pepper  
90g butter, melted  
½ cup tomato sauce  
¼ cup Worcestershire sauce  
1 tablespoon sweet chilli sauce  
Oil, for shallow frying

#### Method:

Cut each chicken wing in half through joint.  
In a bowl, combine flour, garlic salt, onion salt and pepper.  
Rub onto wings.  
In a large frying pan, heat oil on high.  
Shallow fry wings 2-3 minutes each side.  
Drain on paper towel. Cool slightly.  
In a large bowl, combine butter with sauces.  
Toss chicken wings in marinade, cover and chill overnight.  
Preheat oven to moderate. Drain wings.  
Transfer to baking dish, bake 15-20 minutes, until cooked through and golden

This month we continue with our second part of our poem. Some of us can relate to this and others I hope will find it amusing.

### The joys of growing even older

Arch support I need for my feet  
Or I wouldn't be able to go out in the street  
Sleep is denied me night after night  
But every morning I find I'm all right'  
My memory's failing my head's in a spin  
But I'm awfully well for the shape that I'm in.

The moral in this, as the tale unfolds  
Is that for you and me, who are growing old  
It is better to say, 'I'm fine' with a grin  
Than to let people know the shape we are in.

But what of the future  
And what does it hold  
For starters it's far from cold  
What am I looking forward to .....

Well, there are bus trips, shopping trips and trips to the city  
As well as the activities provided by the facility  
There are dozens of books that I want to read  
And to pursue the studies that some will breed  
There are many new friendships yet to be made  
With hundreds of games waiting to be played,  
and some day perhaps have a room of my own which  
would complete the contentment that I have known.







# AUSSIE DAY IN THE BUSH

**Alton Downs Polocrosse and Sports Club**

**Sunday 26th January 2014**

**From 2pm!**



**Food and Drinks Available**

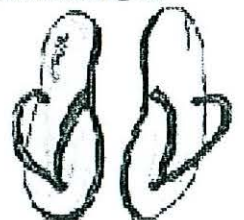
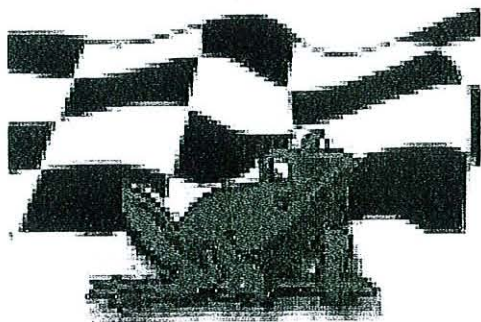
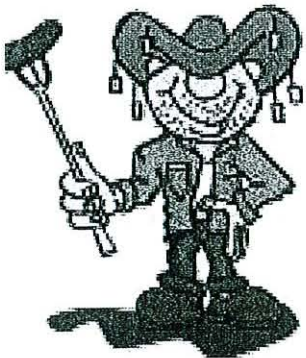
**Aussie Day Games**



**BBQ Dinner From 6pm**

**Frog and Yabby Races by Maurie!**

**Entertainment by Luke Stanke!**







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