

Around the Ridges and a bit beyond

Issue 154 May 2017 E: aroundtheridges@hotmail.com

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Finally Mobile Phone Reception On Its Way To Ridgeland.

The Fitzroy Northern Area Ratepayers Association applied to the Department of Science, Information Technology, Innovation and the Arts in December 2014 on behalf of our local Community for a mobile phone tower in Ridgeland under the Mobile Black Spot Program.

The Ratepayers Association applied on behalf of our local community for the Ridgeland District to be included under the Mobile Black Spot Program.

Two antennae approximately one metre in length will be constructed on the existing Ridgeland Telstra Telephone Exchange on Ridgeland Road for the new mobile phone transceiver. This technology will provide the Ridgeland Township with a reliable 4G mobile phone service.

Thankfully after nearly thirty years of mobile phone service being available in Rockhampton it will soon come to Ridgeland.



A big **Thank You** to all who supported the Ratepayers Association's application to provide Ridgeland with the 4G communications technology.

Capricorn Helicopter Rescue
Greg Thompson Earthmoving
Jill Fry JP
Matthew Canavan
Polocrosse club
Queensland Ambulance Service
Queensland Fire and Emergency Services
Ridgeland Sporting & Agricultural Association
Ridgeland State School
Rockhampton Regional Council

Mother's Day

The modern Australian celebration of Mother's Day actually grew out of calls for peace and anti-war campaigns following the American Civil War (1861-65).

In 1870, American writer and women's rights activist Julia Ward Howe, best known as the author of the Battle Hymn of the Republic, appealed to women to unite and bring peace throughout the world (later known as the Mother's Day Proclamation).

She proposed that a mother's day for peace be commemorated every year in June.



Mother's Day in Australia

One of the earliest mentions of Mother's Day in the Australian news media can be found in this letter from a reader of the Sunday Times, from July 1908.

The letter reads:

"About twelve months ago a movement was initiated in America to do honor to the mothers of that vast nation, and it spread with 'lightning-like rapidity' from the Atlantic to the Pacific. Every man, woman, and

continued page 2

child wore a white carnation in honor of the best mother who ever lived — your own.

People who had bad mothers were also invited to wear the carnation on mother's day in honor of somebody else's mother who was good. I would suggest a mother's day for the Commonwealth, substituting the wattle for the carnation, with the object to cultivating amongst Australians the somewhat lacking feeling of filial respect."

State Library of NSW



Today, Mother's Day is a day for all women. "It's no longer linked to a particular set of values and a particular view of the role of women," the professor said. "It has a kind of universal appeal and

a cross-cultural appeal so that it can appeal to all ethnic groups in Australia."

A Time for Family Reunions

While Mother's Day initially began to promote peace and support women, over the years it has become an occasion for family reunions in Australia.

"It's not just about recognising the role of mothers, though that's still there, but it's really recognising Mother's Day as a day in which families can get together," Professor Waterhouse said. "That's becoming increasingly important because in the busy world in which we live, families don't get together as much as they used to."

Father's Day

And for those wondering about the origins of Father's Day? "It was basically made up to balance Mother's Day," Professor Waterhouse said. "Mother's Day was designed to give women greater moral authority and recognition; men's authority at that stage was unchallenged. "Father's Day was really a kind of a counter to Mother's Day and to some extent a commercial decision."

ABC News

Community Sign at Pink Lily

To promote your local Community Event on the sign, Please eMail: admin@fitzroyridges.com.au by the 3rd week before the month of your event.

Around the Ridges Newsletter

Past and current copies of the newsletter are available on our local fitzroyridges.com.au website.

If you are not receiving your newsletter in the mail please email your details and dates to aroundtheridges@hotmail.com

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THANK YOU!

Around the Ridges and a bit beyond is a community and school newsletter. Stories, notices, poems, anecdotes and historical memoirs need to be submitted by the 11th of the previous month — if you have a special event, allow a two months lead in time. We love our sponsors - and hope that you do too. Please support them and buy locally!

National Volunteer Week

8th - 14th May 2017

A **Big Thank You** to all those who volunteer, give up their time and resources in an effort to support our local community. It would be difficult to place a economic value on the dedication of these highly valued volunteers.

Many volunteers organise and support our local Community Groups.

Some of our local groups are:

- Alton Downs and Combined District Anzac Day Memorial Committee
- Alton Downs Hall Association
- Alton Downs Polocrosse & Sports Club
- Alton Downs Pony Club
- Alton Downs Rural Fire Brigade
- Aricia (Upper Morinish) Rural Fire Brigade
- Calioran Rural Fire Brigade
- Capricornia Field Archers
- Dalma Rural Fire Brigade
- Faraday Rural Fire Brigade
- Fitzroy Northern Area Ratepayers Association
- Garnant Rural Fire Brigade
- John Knox Presbyterian Church (Morinish)
- Morinish Landcare Group
- Morinish Rural Fire Brigade
- Queensland Country Women's Association (Ridgeland)
- Ridgeland & District Sporting & Agricultural Association
- Ridgeland Campdraft Committee
- Ridgeland Hall Committee
- Ridgeland Play Group
- Ridgeland State School - Parents and Citizens Association
- Ridgeland Tennis Club
- Rockhampton & District Motocross Club
- Rockhampton Water Ski Club
- Saint Lukes Anglican Church
- Sporting Shooters Association of Australia (Morinish Branch) Inc
- Stitch and Chat Group
- Waroula Equestrian Group

If there are any local non-profit organisations not on this list, please contact us so that we can do our bit to support your organisation.

If anyone would like to support any of these organisations, they would be grateful for the extra help. **Many hands make light work.**

Easy Braised Lamb Shanks

These Easy Braised Lamb Shanks are some serious comfort food! Made with grass-fed local farm lamb and slow cooked in a red wine sauce flavored with tomatoes, onions, garlic, and fresh rosemary. Cook them up for a perfect weekend or holiday dinner.



Prep time:

15 mins

Cook time

2 hours 30 mins

Total time

2 hours 45 mins

Author: Tasty Ever After

Serves: 4 servings

Ingredients:

- 4 small lamb shanks (about ¾-1 pound each; preferably local farm raised & grass-fed), at room temperature
- 3 tablespoons olive oil
- 1 cup diced onion, about 1 medium
- 1 cup diced carrot, about 1 large
- 4 garlic cloves, minced
- ½ cup good quality red wine
- 2 cups good quality beef stock, homemade or store bought
- 1 cups good quality chicken stock, homemade or store bought
- 3 tablespoon tomato paste
- 1 tablespoon fresh rosemary, chopped (can substitute 1 tea-spoon dried rosemary)
- fresh flat-leaf Italian parsley, chopped (optional)

Instructions:

1. Take the lamb shanks out of refrigerator and let come to room temperature before cooking (about ½-1 hour).
2. Preheat oven to 325F degrees.
3. Heat a large dutch oven over high heat. Add tablespoon of olive oil and sear the shanks on all sides until brown, adding additional olive oil as needed. Remove from pan and set aside.
4. Add onion, carrot, and garlic to the pan and sauté until lightly browned, 2-3 minutes. Add wine and cook until reduced by half. Add beef and chicken stocks, tomato paste, and rosemary. Stir well and bring to a boil. Return lamb shanks to the pan, cover, and place in the preheated oven.
5. Braise the shanks for 2-2½ hours, or until lamb is fork tender.
6. Place the cooked shanks on a serving dish. Skim excess fat off top of cooking liquid and reduce over high heat to thicken into a sauce, if necessary. Place one lamb shank on a plate, spoon sauce over it, and sprinkle with chopped parsley.
7. Leftovers are even better the next day so make a double batch!

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Ridgeland's Show



2017



Saturday, 3rd June



Ridgeland's Showgrounds

Starts 8:00 am

Tyrone O'Reilly Circus Fun
The Breakaways & Poet Bob Pacey
Multi Draw Raffle
Show Rides for all Ages
Bob Cotton's Old Machinery Display
Chainsaw Carving Demonstration
Little Aussie Encounters
Richo's Camel Rides
Fireworks
Goat Cart Racing

Great food from Breakfast to Dinner
Bar 10.00 a.m. to late
Cattle, Horses & Dairy Goats
Pavilions open for display
Variety of stalls & trade displays
Wood Turning Display
Veteran & Vintage cars
Champion of the Dove Display
Working Dog Display
Okie Dokie Karaoke

Come join the fun!



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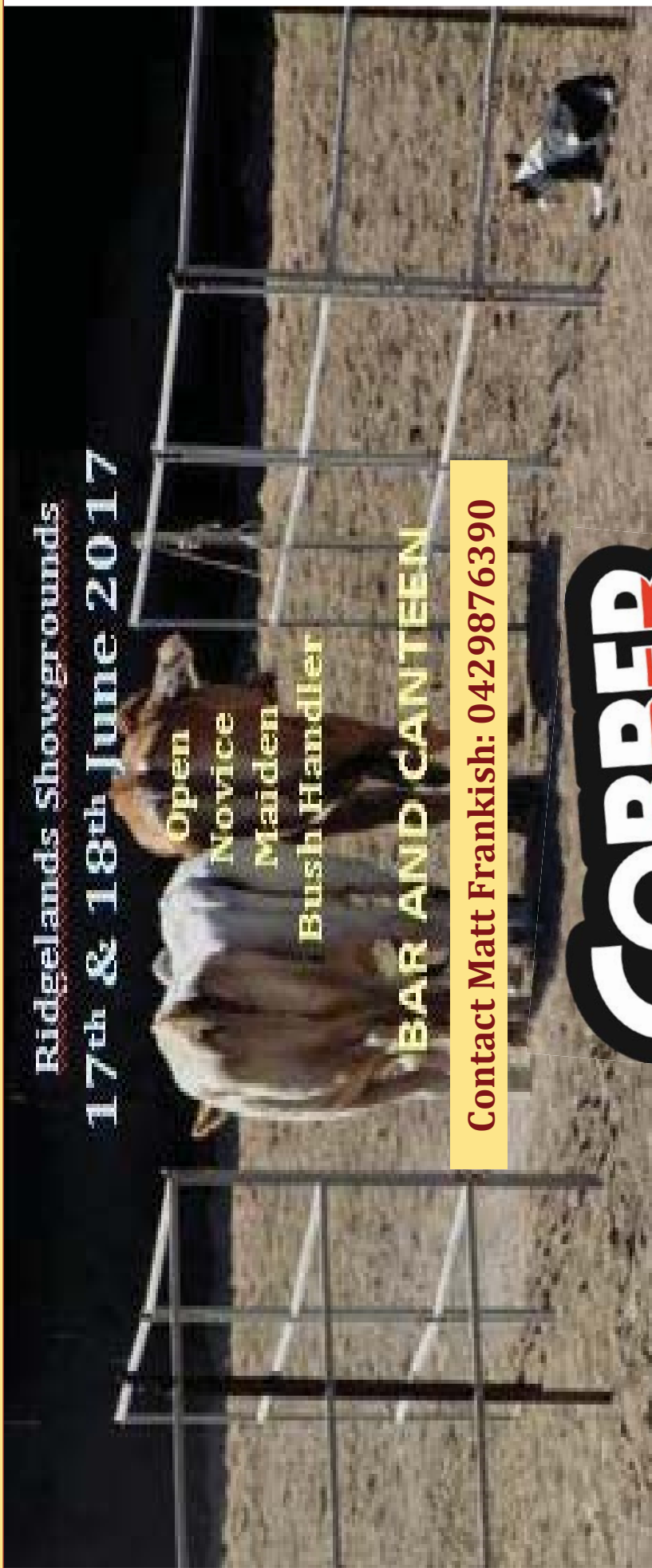


The MORNING **Bulletin**





RIDGELANDS WORKING DOG TRIAL



Ridgeland's Showgrounds

17th & 18th June 2017

Open
Novice
Maiden
Bush Handler

BAR AND CANTEN

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MORNING
The Bulletin



think water.
BEYOND IRRIGATION



COMMUNITY

Alton Downs Dump Hours
May to August
Tuesday, Thursday, Saturday and
Sunday: 2pm - 5pm

ALTON DOWNS HALL

| | | |
|--------------|---------|--------|
| Indoor Bowls | 13 May | 7:30pm |
| Card Night | 20 May | 7:30pm |
| Hall Meeting | 24 May | 7:30pm |
| Dance | 30 June | 7.30pm |
| Trivia Night | 21 July | 7:30pm |
| Card Night | 21 Oct | 7:30pm |

Alton Downs Pony Club

Meeting 1st Tuesday
of the month 7.30pm
Alton Downs Hall

Next Meeting 6-6-2017

Alton Downs Indoor Bowls

2nd Saturday of every month
7:30pm

Next Bowls Night 10-6-2017

Fitzroy Northern Area Ratepayers Association

Meetings for 2017

Monday 7th August 2017
7:30pm

Monday 6th November 2017
7:30pm

If you have a problem that you
would like the Rockhampton Re-
gional Council to address, come
along to the meeting and explain
your concern to the Councillors
or council staff.

GARDEN PARTY

Hillary Chippendale is holding
a Garden Party in aid of the
Cancer Council at 119 Chip-
pendale Rd, Ridgелands
on the 20th August,
commencing 1.30 p.m.
Lucky Door, Multi Draw raffle
Gold Coin entry
Everyone is welcome

QCWA Ridgелands Branch

Meeting 1st Wednesday every
month commencing at 9.30am
QCWA Ridgелands Hall
Contact Joyce 4934 5120

QCWA Ridgелands Branch will be
holding an Afternoon Tea
and multi draw raffle on
Sunday 10 September at 1.30 p.m.
in aid of the
Capricorn Helicopter Service.
Please support this most worthy cause

Ridgелands & District Sporting & Agricultural Association Inc

Meetings are held on the 2nd
Wednesday of the month,
commencing at 7.30 p.m.
at the Ridgелands Show grounds.

Next meeting 14th June.

Ridgелands Show

3 June 2017

****Giant Pumpkin Competition****
Have you planted your giant
pumpkins for the
pumpkin completion at the
Ridgелands Show on the 3 June.

1st prize \$100.00

Saint Lukes Anglican Church

Service 11am fourth Sunday of each
month at the QCWA Hall Ridgелands

Stitch and Chat Group

Meet on the 2nd & 4th Tuesday
of every month at 9:30am

QCWA Hall Ridgелands
4934 5125

NOTICEBOARD

HAPPY BIRTHDAY

*To all our local residents
celebrating their special*

day in May:

Ann-Maree Dyer
Ian Oates
Margaret Stewart
Maurine McQuillan
Peter Craig
Peter Lawton
Sharon McQuillan
Tristan Kipling
Vic Edmestone



and in June:



Adam Bull
Ashley Moore
Greg Thompson
Jeff Thompson
Kay Milner

Kelly Shepherd
Ken Stewart
Laraine Lawton
Merle Smith
Merv Moore
Philip O'Neill
Wayne Boon

Agriculture & Human Health Solutions

Conference

at Rockhampton

17th and 18th July – wonderful
range of world class speakers
including Professor Don Huber
(USA), Dr Judy Carman, Anita
Rossiter, Dr Sandrine Makiela
and more.. It is time to begin to
design solutions to the problems
in Agriculture & Human
Health

Ph. 4938 3919

mick@grazingbestprac.com.au

Emergency Services Day

Sunday 30th July 2017

9am to 2pm

Rockhampton Heritage Village

Oxford Word of the Month -

May Smashed avo

noun: a cafe meal typically
consisting of a thick slice of toast
topped with chopped or mashed
seasoned avocado.

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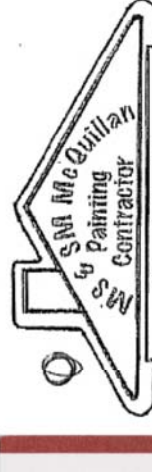
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